

Making a face mask

Print off and cut out the pattern.

You will need fabric for the front (outside) and lining of the mask, cotton or poly cotton fabric is good, plus 16cm of round mask elastic if possible as it is more comfortable and sits better.

Use a nice-looking fabric for the outside to brighten up the idea of having to wear a mask.



Cut 2 pieces of the fabric you are using for the outside of the mask, if you can it is easier to fold the fabric so there is a double layer with right sides together, this way you make sure your pieces match. Then in the same way cut 2 pieces for the lining.

Place the material with right sides facing and join the curved edges together. Do the same with the lining pieces.



Press the seams to the side, making sure they lie in different directions to keep the seam flatter, then top stitch down. This adds more stability to the mask front and makes it neater and it sits better.

With right sides together stitch the front and lining pieces together at the top and bottom.

Turn the mask right side out, press and top stitch.

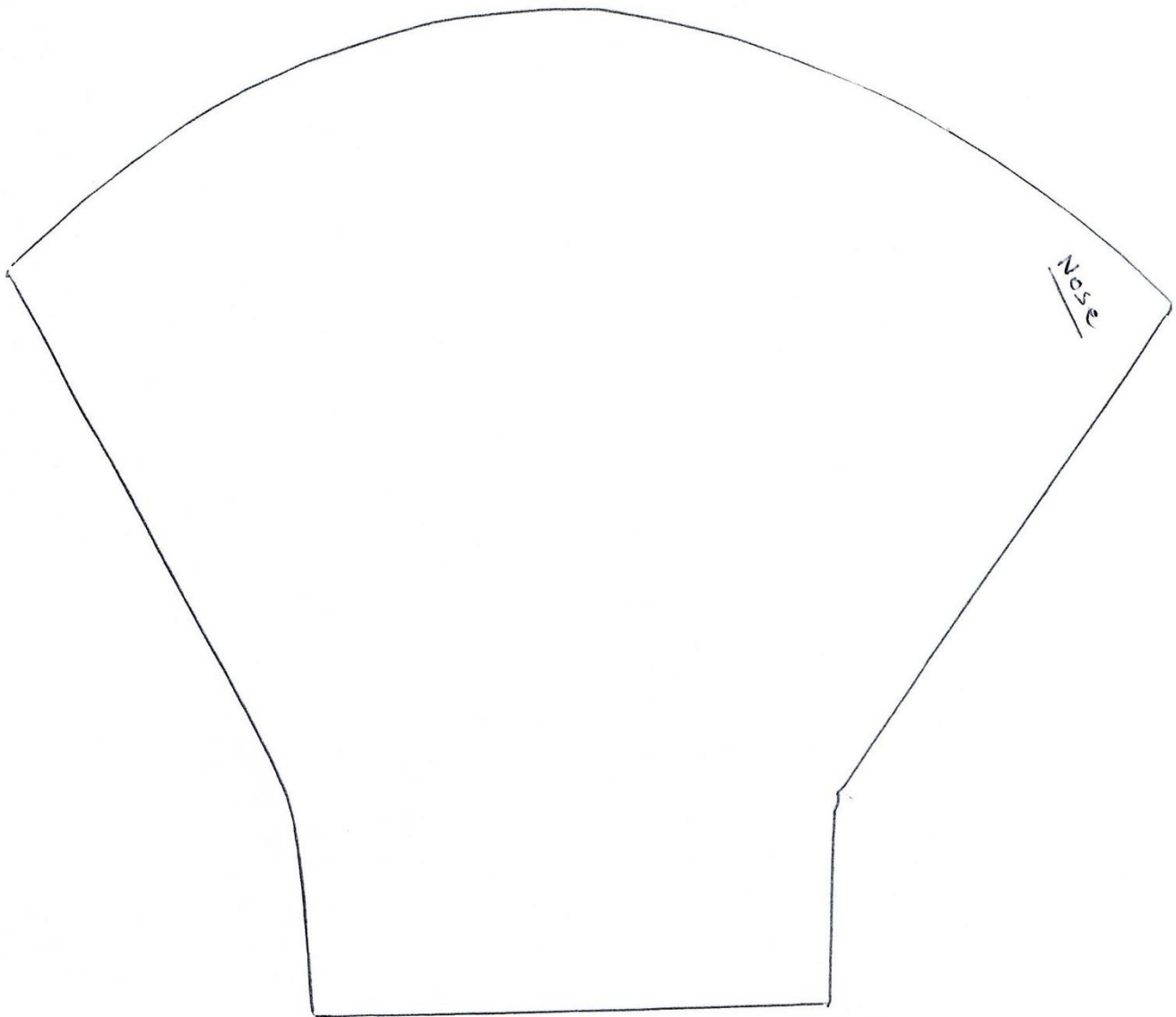


Fold each side in to make a casing for the elastic and stitch down leaving a gap top and bottom to thread the elastic through.



Thread through the elastic and join together overlapping the ends by 2 ½ cm. Once secure move the elastic so the join is within the casing.





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